

BUDDIG LUNCH CLUB MEMBER
NANCY CAMPBELL'S
GRILLED
TURKEY
BACON MELT



Ingredients

- 2 slices wheat bread
- 1 tablespoon reduced fat margarine, divided
- 1 tablespoon mayonnaise
- 2 ounces Buddig Deli Cuts Smoked Turkey
- 3 slices cooked turkey bacon
- 2 leaves romaine lettuce
- 2 tomato slices
- 2 slices mozzarella cheese

Nutrition

Calories per serving 524; Calories from Fat 289; Total Fat 32g; Saturated Fat 10g; Trans Fat 1.5g; Cholesterol 70mg; Sodium 1722mg; Total Carbohydrate 30g; Dietary Fiber 4g; Protein 34g

Prep Time: 10 minutes

Cook Time: 8 minutes

Makes: 1 serving

Directions

Spread 1 slice of bread with 1/2 tablespoon of the margarine. Place margarine side down on cutting board. Spread mayonnaise on other side of this slice of bread. Top with smoked turkey, bacon, lettuce, tomato and cheese. Spread remaining margarine on second slice of bread. Place over cheese, margarine side facing out. Place sandwich in skillet on medium-low heat. Cook until bread is golden brown. Carefully turn and cook until bread is golden and ingredients are heated through.

Learn about Lunch Club Member and recipe creator [Nancy Campbell](#)

Recipes

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